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ABSTRACT

Noting that the interpersonal dynamics between parents who are high achieving and children who are not achieving up to their potential can be the cause of the disparity, this book explores how children become underachievers and how parents can improve their expectations and the emotional climate to allow their child to feel happy and successful. The chapters of the guide are: (1) "Breaking the Cycle"; (2) "Why Children Become Underachievers"; (3) "Do You Recognize Your Child?" on temperaments, thinking styles, and learning disabilities; (4) "Different Children, Different Patterns of Behavior"; (5) "Do You Recognize Yourself?" on counterproductive expectations and parenting practices; (6) "Creating a Family Structure," on a family environment that allows the child to feel loved and accepted for who he or she is; (7) "Putting the Relating in Communicating," on trusting, listening, expressing, and responding; (8) "Supporting Your Child in Getting Where He Wants to Go," on clarifying goals; (9) "Turning Power Struggles into Teamwork"; and (10) "The Joy of the Journey," on shifting emphasis from product to the learning process. Contains a 25-item bibliography. (HTH)

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